

Message from Mr O'Sullivan 17th October 2025

This week I have asked Mr Quigley to write the opening part to our newsletter. As you will know, an incident occurred last year in which a student of ours had a heart attack on the school site. All of the staff were exemplary and supported what was an incredibly traumatic event. However, it was Mr Quigley and our school nurse at the time, Charlie Pratten, who acted quickly and administered life-saving support. Therefore, I believe it is only appropriate that Mr Quigley writes to support the Restart a Heart initiative.

Restart a Heart Day – 16th October: A Lifesaving Success

On Thursday this week, we proudly took part in Restart a Heart Day, a nationwide initiative aimed at promoting CPR (Cardiopulmonary Resuscitation) awareness and training. The event

was a tremendous success, with over 100 students attending the lunchtime training session in the Sports Hall.

Students engaged enthusiastically in learning vital lifesaving skills, guided by our staff. Whether they were complete beginners or looking to refine their technique, everyone had the chance to practise CPR, including how to recognise when it's needed and how to perform chest compressions effectively.

I cannot stress enough how important these skills are. Earlier this year, I was reminded just how crucial it is to be prepared in an emergency. I had to step in during an incident at school where a student suffered a medical emergency. Thanks to my first aid training, I was able to act quickly and correctly, performing CPR and ultimately helping to save that student's life. Without a doubt, the knowledge and confidence I had from my training were key in that critical moment.

CPR is one of the most valuable skills anyone can have. In an emergency, every second counts, and knowing how to perform CPR can be the difference between life and death. Research shows that when CPR is administered quickly, it can double or even triple the chances of survival for someone experiencing a cardiac arrest. However, fewer than 1 in 5 people in the UK are confident in performing CPR, which is why training like yesterday's is so important.

While we all hope that we never have to use these skills, emergencies can happen at any time, and being able to respond swiftly and calmly is essential. It was inspiring to see so many students take part – you never know when these skills might make a difference.

Thank you to everyone who participated and helped make Restart a Heart Day such a meaningful and impactful event.

Mr Quigley

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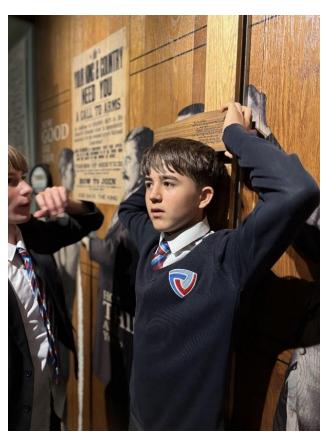
Year 9 Imperial War Museum Trip

This week, our Year 9 cohort went on a trip to the Imperial War Museum. This trip is relevant to their curriculum focus of 20th Century conflict. Students learnt about World War One through the interactive exhibition. They were surprised at how lenient height and age restrictions became as the war raged on. They also found out about the first use of plastic surgery by pioneering New Zealand surgeon Harold Gillies, who used innovative ways to restructure severely injured soldiers' faces and limbs.

Students then explored the World War Two gallery, and saw first-hand a 'little boat' from Dunkirk, a bomb shelter designed to fit under the dining room table, and the collection of medals and uniforms held at the museum. They also got to look around the gallery, which has now seen the return of John Singer Sargent's incredibly moving painting 'Gassed'. This painting takes up the majority of the wall, and depicts the aftermath of a gas attack in the trenches. Students were surprised to see a football game going on in the background of the painting, emphasising how normal events like this were for the soldiers.

Year 9 had a great day out, and we were proud of their conduct throughout the day. We also got to see excellent engagement with the artefacts and exhibits, as phones were locked away in Yondr pouches for the day. This really encouraged more conversation between students around what they were seeing and learning. Alex M and Howard T particularly impressed their teachers with their knowledge and engagement throughout the day.

Well done Year 9; a great day out!









Sixth Sense



Criminology Knowledge Exchange at St. Mary's University

On Friday 3rd October, A Level Psychology and Sociology students were invited to take part in a focus group made up of undergraduates, lecturers and representatives from the police to discuss retail crime and local community safety priorities. Sociology students, Molly E and Livvi C, attended from Turing House:

We had the opportunity to attend a knowledge exchange at St Mary's University with some Criminology students who were partaking in a project about retail crime and local community safety priorities. During the event, we engaged in conversations about solutions and worked on trust and confidence with local police. The event afforded us valuable insight on possible future

aspirations and how criminology students are not only committed to their studies but also to the community's safety and wellbeing. (Molly E)

Colleagues at St. Mary's commented on how impressed they were by Molly and Livvi's participation and engagement with the safety issues discussed. Well done!



Congratulations to our Year 13 Early Entry candidates



Congratulations to our 15 Oxbridge, Medical, Dentistry and Veterinary candidates who all sent off their UCAS applications this week. Well done to Hermione, Rayan and John who have already received offers from universities. Exciting times ahead!

Year 8 Homel ink visit

A select few of our model Year 8 students were asked to come along and support with a wellbeing activity at the centre. Supporting sessions at Homelink Respite Centre on Hospital Bridge Road is becoming more of an established routine for Turing House School. Spending time socialising with our local community is an integral part of what we feel represents us as a school. Isla, Oliver, Arman and Sophia gave their time, care and attention to clients at Homelink, providing them with some incredibly valuable social interaction. We look forward to continuing to work with our local community into the future.



Museum of Richmond family workshops



Historian talks at the Exchange

Click on the link below to see a list of Historian talks taking place at the Exchange durring November.

<u>Arts Richmond's November Literature Festival Tickets, The Exchange, Twickenham | TryBooking</u> United Kingdom

Year 10 Macbeth

'The Regicide of King Duncan' - Year 10 students used their creativity to write a scene omitted by Shakespeare in which Macbeth's ambitions to be king fuels his murderous act.

ACT 2 SCENE 1.5

RON: Has Duncan fallen to bed?

COOPER: Yes, Duncan is now at rest, peacefully and quietly

RON: Good, we should let him be as he is, nice and safe here because of that "Kind Hostess"

that is Lady Macbeth

COOPER: She is such a kind and thoughtful woman isn't she?

RON: Yes, she is. So is Macbeth. Why don't we discuss as we walk out?

COOPER: Let's be on our way

Enter Macbeth at a steady and "stealthy pace"

MACBETH: Here he lay, the one that I must kill to claim my worthy King title

I am very sorry, King Duncan, but this action of mine MUST be carried out

Stabs

DUNCAN: AAHH!!!

RON: Who was that?!

COOPER: We shall find out

Exit Macbeth, sprinting, daggers in hand

Enter Witches

WITCH 1: I see that the "Worthy Cawdor" has done his deed

WITCH 2: Looks like we predicted correct

WITCH 3: Let's talk murder somewhere else ladies

Exit all three witches

Enter Banquo

BANQUO: King! Sir! Duncan!

What has happened here?!

I know the cause of this doing

Macbeth you will pay for your sins

Exit Banquo

Less technology, better attendance

We aim for every student's attendance to be at 96% or above. We are sure that you are aware of the ongoing discussions across the country, and even within parliament, regarding students and their use of mobile phones. This is an important topic that affects our children's health and academic performance.

Our school attendance team, along with the PLUS team, has been engaging in regular discussions with students. Many of them have shared that they are on their mobile phones until late in the evening. This habit is leading to late bedtimes and poor-quality sleep, which in turn affects their focus and performance in lessons.



RoundHouse Youth Theatre Workshop

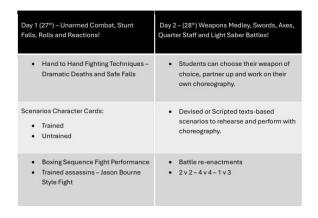
www.roundhousevouththeatre.com

Roundhouse Youth Theatre - October Half-Term: Clash of Arms!

Mr. Coombes, professional actor and stunt performer, is hosting a 2-day Stage Combat Workshop during the October Half Term (27th-

28th – 9am-3pm). This exciting opportunity will allow students to learn practical skills and gain insight into the Film and TV industry.

What to expect?



Message from Mr Coombes: "This is a physical workshop; all levels of ability and fitness are welcome! These essions are aimed at year groups 7-11's. This is not a Turing House exclusive workshop. Please share with friends and family members outside the school community and email roundhouseyouththeatre@gmail.com to enquire for available spaces (spaces are limited and waiting list applied). Please check out company website and

Instagram to see video clips: www.roundhouseyouththeatre.com. Kind Regards, Mr Coombes"

Lunch provisions - 12:00-1:00pm

- Students to bring their own pack lunch as the canteen will not be open. No fizzy or energy drinks.
- Students will not be allowed to leave site to go to the shops.
- Bring reuseable water bottle.
- Wear black clothing long sleeve or short sleeve t-shirt Black Joggers, Shorts or leggings – no jeans, skirts or loose jewellery.

We will be taking regular 20-minute break intervals throughout the day, so bring plenty of healthy spacks!



When?

Monday and Tuesday – 27th- 28th October

Where?

Turing House School

221A Hospital Bridge Road, Twickenham TW2 6LH

Price:

 ${\mathfrak L}30$ single session - ${\mathfrak L}50$ for 2 sessions – Siblings (Half Price)

(Please email <u>mundhouseyouththeatre@gmail.com</u> to book a spot, invoice on request to secure place, waiting list applies first come first served process)

TeachBack Online Safety – App Safety Settings

As the digital world continues to evolve, it is worth ensuring you are content with your child's settings on the platforms they use. There are concerning stories around platforms (most recently TikTok) recommending adult content to children (see this article for more information). Please find some easy guides to help set up parental controls:

- Discord app settings HERE.
- TikTok parental controls HERE.
- Snapchat parental controls <u>HERE</u>.
- Instagram parental controls HERE.
- Pinterest privacy and safety settings <u>HERE</u>.
- FaceTime privacy and safety settings HERE.
- WhatsApp privacy guide HERE.



Sports fixtures

Year 9 Girls Netball v Richmond upon Thames

The Year 9 girls were back to it on the netball court earlier in the week as they came up against Richmond upon Thames. Determined to improve on their last performance, the Turing team dominated possession at times and looked solid when defending. The opposition, however, had some strengths of their own and a very close game played out where either team looked like they could be taking the win at any point. In the end, THS lost by just two points as the match ended 12-10 to RTS, but the girls came off the court feeling rightfully proud of their positive efforts. The girls have been in action in a netball tournament since then so read about how they got on next week. Well done to all involved!



Year 10/11 Girls Netball v Richmond upon Thames

While the Year 9 girls were playing, the Year 10 and 11 girls also hosted Richmond upon Thames in their netball league. The Turing team looked to make the most of their home advantage as they were able to get some fresh legs on when it mattered, but all players put on a fantastic display of netball prowess, particularly in defence where the girls kept the opposition's scoreline quiet for the most part. Up front, THS were able to execute at crucial times with punishing accuracy, which proved to be the difference by the time the final whistle came round. The girls secured a 9-5 victory in what was a very convincing performance. Well done to everyone involved!



Year 11 Boys Football v Grey Court

The Year 11 boys travelled to Richmond this week to take on Grey Court in their borough league fixtures. The Turing team were guilty of suffering from some away day fever where the game plan had been left on the bus and the home side cruised to a comfortable 2-0 lead. Just when it looked like it could be all over early in the match, the boys woke themselves up and got stuck in, making an almost perfect comeback - THS scored two of their own to level the scores at 2-2. The final whistle blew so there was no time for either side to find a winner, but what an effort that was! Their next game will be against Christ's School. Well done to everyone involved!

Year 7/8 Girls Football v Waldegrave

A combined team of Year 7 and Year 8 girls continued with their Richmond borough football fixtures this week. The girls travelled to Twickenham to take on Waldegrave. An energetic and positive start, the Turing team looked like they were enjoying their football and testing various attacking shapes. Despite their positive plays, THS just wasn't able to find a way into the match in the upfront areas of the game as they were met by solid defensive efforts. The opposition slotted three goals of their own to take a 3-0 result, but the girls will be back in action soon when they play against St Richard Reynolds next. Well done to all involved!



Year 7 Boys Football v Hampton High

The Year 7 boys continued their Richmond borough fixtures on the football pitch this week as they faced Hampton High. Looking to make a statement, the Turing team set out to gain an edge over the opposition early on in the game, forcing them on the back foot. The tactic worked as THS were a goal up, and suddenly they started to ramp up the tempo by sending the ball into the box on numerous occasions in the first half. The second half continued in similar fashion as the boys didn't take their foot off the gas. A few more well-worked goals resulted in a big, deserving 4-0 victory in the end. The boys will hopefully continue winning ways after the half term break when they take on Teddington. Well done to all involved!



Year 8/9 Boys Basketball v St Gabriel's College

The Year 8 and 9 boys braved the London traffic this week when they travelled to Camberwell to play against St Gabriel's College in Camberwell, as part of their U14 Dynamik league. These students consistently show their love of the game when playing and their determination to succeed and this game was no different. Hitting the ground running, the Turing team battled in every quarter in what quickly became a cat-and-mouse style of match, with both teams enjoying short spells of a narrow lead before the other would be back in front. This intensified in the final quarter, but it was the home side who stole the lead in the end, taking a 52-48 win. The boys were disappointed to lose by just two baskets but they could come away feeling proud of their performance. Well done to all involved!



Year 7 Boys Rugby Tournament

The Year 7 boys took part in a rugby tournament this week which comprised of the pool stages of the Richmond borough league being played in one day. The Turing team put in a great effort against Christ's, Richmond Park Academy and Richmond upon Thames, before finishing in third place after two narrow losses and one win. The boys then faced Teddington who also finished third in their respective pool and both teams pushed on to finish on a high. That game finished in a 3 try draw which saw a fantastic THS revival as they came back from being two tries down. Well done to all involved!



The Year 8 boys were back in action on the rugby pitch but this time playing in the other code - rugby league, a fast-paced, hard-hitting, no-nonsense type of game. The Turing team took on Teddington with the winner of the match going on to represent Richmond at the regional stages. The number of students wishing to put in a shift on the pitch from the year group continue to impress, but it was the away team who, quite literally, hit the ground running as they racked up

an impressive try tally to seal the win. THS didn't go quietly, however, and some sharp shooting close to the line saw their efforts awarded with some tries of their own. Well done to all involved!



Last Friday, our NFL team embarked on an incredible journey to the New York Jets training facility in Watford, kicking off a weekend packed with excitement, achievement, and unforgettable memories.

The team showcased their talent and determination, winning 5 out of the 6 games they played — a fantastic result that reflects their hard work and team spirit. Before the Jets players began their training session, our students proudly formed a guard of honour, cheering them on as they ran out onto the field, setting the tone for a weekend of celebration and sportsmanship.

Adding to the excitement, the team was invited to take part in an interview with Nickelodeon, giving them a chance to share their experiences and enthusiasm with a wider audience.

On Sunday, the adventure continued as the team travelled to Tottenham Hotspur Stadium to watch the New York Jets take on the Denver Broncos. But before the professional game began, our girls had their own moment in the spotlight. As the stadium began to fill, they walked through the tunnel and onto the pitch to face an opposing school in front of a growing crowd. With three brilliant touchdowns and outstanding defensive plays, the girls secured a thrilling victory — all in front of 60,000 fans!

Following their match, the girls once again formed a guard of honour, this time for the Jets players as they entered the stadium. High-fiving fans along the way, they added energy and excitement to the build-up of the main event.





Is it okay if I haven't cried?

How do I go back to school?

When will I stop feeling like this?

Why do I feel like this?



now

When grief feels too heavy, you can get FREE, instant grief support via text or WhatsApp (13+), phone, email, or live chat. Open on weekdays, excluding bank holidays. Please visit our website to find current opening hours.



07418 341 800



ask@winstonswish.org





08088 020 021 👔 winstonswish.org

Winston's Wish is here for young people (aged 25 and under) when someone dies.



Registered Charity Number 1061359 (England and Wales), SC041140 (Scotland).



Usually there is a charge for bulky waste collections.
On 1 November, there will be a free Council mega skip near you.

How the mega skip works:

- Max six items per household
- Come early! Skip available until it's full or 12 noon, whichever comes first
- We recycle items collected
- Skips only for Richmond upon
 Thames residents. Please bring proof of residency (e.g. driving licence or utility bill).



We won't accept

- X building rubble
- We accept

 furniture
- 💢 paint and dangerous chemicals
- ✓ smaller electrical appliances
- **X** weapons
- √ black bags (1 bag = 1 item)

Read the full list of what we do and do not accept on our website.

Come down to chat

We'll have people there to talk about tips on recycling and the Richmond Furniture Scheme's work to upcycle unwanted items and distribute back into the community.

Give your items a new home

Could your unwanted items be repaired or donated to a new home? Scan the QR code to find convenient ways to do both.

Our partners

- Richmond

 Furniture Scheme

 RHP
- RES





Find out where you can donate, share or repair your items locally and sign up to news alerts: www.richmond.gov.uk/mega_skip_days





St Mary's Richmond AC Your local community athletics club

SMRAC coach athletes from the age of 11 through to 100 yrs of age.

Complete beginners to international competitors.

Yrs 6 - 9 - Juniors group
Tue 6 - 7 pm and Sun 11:30 - 12:30
All other training sessions are available to all club members:
Sprints - Tue 7 - 8 pm, Thurs 6:30 - 7:30 pm, Sun 10:30 am - 11:30 am
Middle distance - Tue 7 - 8 pm, Thurs 6:30 - 7:45 pm
Adult Endurance - Thurs 7:15 - 8 pm
Throws - Tue 6 - 8 pm Sun 10:30 am - 12:30 pm
High Jump Tue 7 - 8 pm
Long / Triple Jump - Thurs 6 - 8 pm
Hurdles Thurs 6 - 7 pm, Sun 10:30 am

We train 50 weeks of the year.

The membership year runs from 1st April to 31st March

League competition for all ages is part of the annual membership fee. Summer season

is track and field, Winter season is X-country and Indoor competitions.

At Sir Mo Farah Athletics Track, St Mary's University, Waldegrave Rd

Please email the Membership Sec at membership.smrac@gmail.com