



HEADTEACHER'S UPDATE



Message from Mr O'Sullivan

Some of you may remember that Mrs Collins and I emailed parents one summer's day, warning about a rumoured gathering on the river near Hampton Court Palace where students were intending to go swimming. Sadly, a student from another local school lost their life on that day. Whilst I may have been a little premature on the removal of blazers, I am keen to reinforce the message below as the sun comes out and students from all schools across local boroughs converge by water.

There are a number of dangers to consider; below are just a few and we ask that you speak to your children about these:

- The shock of cold water can make swimming difficult and increase the difficulty in getting out of the water
- Lack of safety equipment and increased difficulty for rescue
- The height of the fall or jump if tombstoning
- The depth of the water – this changes and is unpredictable



- Underwater objects and hazards may not be visible
- Obstacles or other people in the water
- Strong currents can rapidly sweep people away

- Uneven banks and river beds
- Water quality, e.g. toxic algal blooms and industrial/agricultural pollution

<https://www.rlss.org.uk/pages/category/open-water-safety-tips>



Wc 20th May - Year 10 Art Mock
Wednesday 22nd – Friday 24th May - Year 10 DofE expedition

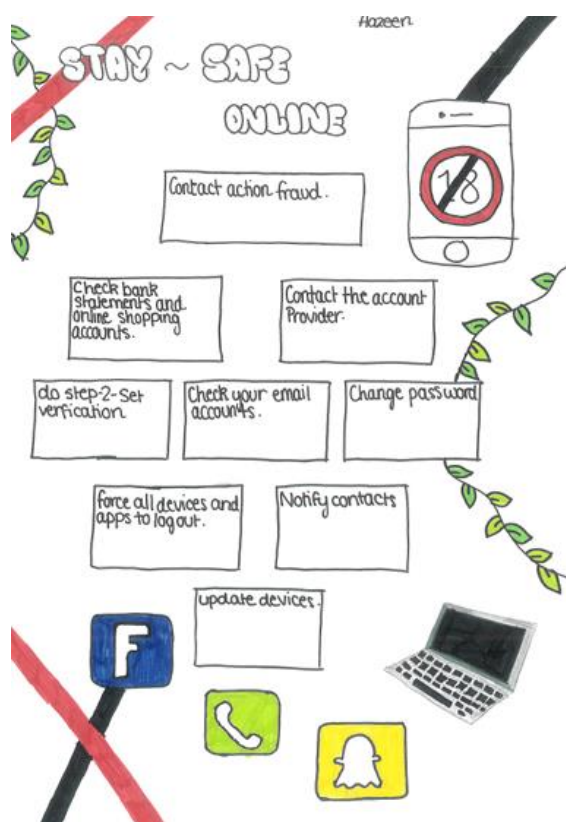
Transition visits

We have begun our transition work with our primary school visits which is always such a positive and exciting time of year. We meet with the Year 6s and play a few games, get to know them and answer some questions and worries; I am sure current students can remember when this happened when they were in Year 6! This is all the better because we take current students with us to help. We also meet with the Year 6 teachers and other key staff to find out all the important information about every single one of our new students. My favourite question is 'what are their talents and passions?' It is always impressive hearing about sporting and creative potential, and exciting to think the students will be bringing all this to Turing House to continue to enrich our community. The first visit for this year was when Mr Baker and I went to one of our neighbouring primaries: Bishop Perrin. We took 4 of our current Year 7 students, two of whom

had been Bishop Perrin pupils themselves. Everyone had a wonderful visit and we are looking forward to welcoming all the Year 6s when they become Year 7s.
 – Mrs Harper

Year 7 PSHE

Here are some informative posters from our Year 7s who have been studying online safety in their PSHE lessons.



Year 8 Litho printing

This week our Year 8s were busy exploring Litho printing in their art classes. There were some interesting creations.





Year 12 Wellbeing walk

This week some of Year 12s went on a 'Wellbeing Walk' as part of Mental Health week. They picked a great day for it, as the sun was shining all day.



Eating well

Mr Hatzidakis recently ran an assembly, where he addressed the significance of maintaining a balanced diet. We want to ensure all our students are nurtured suitably in terms of their diet, contributing towards their physical health, and enhancing their ability to focus and perform academically. Below are some highlights from the presentation.



Key points to remember!

1. Include lots of vegetables and fruit in your diet!
2. Eat healthy fats!
3. Add healthy fats/proteins/fiber to the carbs you plan to eat!
4. Avoid sugar/sweets (check nutrition label for content of sugar aim for <10% ideally 5%)!
5. Eat savory breakfast!
6. Eat veggies/salads before your main meals!
7. If you eat something sweet eat it as a dessert rather than snack!



Sporting fixture

Year 7-9 Girls Flag Football v Callas Dowboys School

The Year 7-9 girls played in another flag football match at the start of this week. This was their final pool match before play-off games take place later in the season. Having gone undefeated in the league so far, the Turing team were looking to top their pool with a third straight win. The girls achieved exactly that as they continued to bring finesse and flair to the football pitch once again, leaving the opposition scrambling to defend the relentless THS attack. The match ended in a 36-26 win and the girls now eagerly wait to find out which other pool-topping team they face in the next stages of the league. Well done to all involved!



Year 7/8 Boys Cricket v St Richard Reynolds

The Year 7 and 8 boys were back in action on the cricket pitch, this time taking on St Richard Reynolds at home. After winning the toss, the boys opted to bat first and were feeling confident in their hard ball abilities having had the chance to practice with Mr Newman on Mondays after school since the start of this term. The Turing team put down a marker for the opposition to chase after scoring 69 runs in 11 overs. St Richard Reynolds managed to get a number of the batting contingent out in this time, but the batting prowess from THS continued regardless. When bowling, the boys put in a great shift but were edged out by just four runs by the end of the last over as the away team scored 73 runs. A very close game! Well done to all involved!

External Clubs and Notices

Richmond Music Trust

Sign up now!

Guitar Lessons with RMT

Are you interested in learning guitar?

RMT Lessons are available at your school!

Lessons take place weekly in term time with an accomplished and enthusiastic Guitar Teacher.

For more information & to apply, go to:
www.richmondmusictrust.org.uk



School uniform appointments

Schooldays

Schooldays will again be operating an appointment system during the summer months. You can now spread the cost of your purchases over 3 months using Paypal, (Online purchase only). They look forward to welcoming you.

Book your slot early to avoid disappointment at:

<https://schooldaysllp.co.uk/index.php/booking-form/>

Stevensons

Stevensons are now taking bookings for Summer 2024 uniform fittings – via the link below:

[Home - Stevensons](#)

Recirculate

DONATE
Staff and Corporate Partners donate their unwanted bikes

RENOVATE
Working with prisons and local businesses we renovate the bikes

LOCATE
We gift your refurbished bikes to key workers and those in need

The Recirculate project takes donated bikes, renovates them in prison workshops and locates them with NHS key workers and others in need. 313 bikes have already been given away and we now need more bikes.

DONATE YOUR UNWANTED BIKE NOW!

We are collecting adult bikes at West Middlesex Hospital
MONDAY 3rd JUNE, 9.30am to 12pm.
 Bring your unwanted bikes to the garden by the main entrance.

Scan this QR code & complete the form if you have a bike to donate. If you can't get the bike to the hospital we will be in touch about arranging collection.

www.re-circulate.org



CALLING ALL UNWANTED BIKES!

If you have an unwanted bike, please bring it to West Middlesex Hospital on Monday 3rd June, between 9.30am and 12pm, and we'll renovate it and give it to an NHS staff member.

The Recirculate project sources donated bikes from staff, business partners and the general public, renovates them in prison workshops at HMP Peterborough & HMP Aylesbury, and locates them with NHS staff and children whose families can't afford to purchase a bike. 38 NHS staff at West Middlesex Hospital have received bikes from Recirculate.

MORE BIKES ARE REQUIRED!

313 bikes have already been given away to NHS staff, other key workers and families in need, but we need more to fulfil all requests. If you have a bike you don't need any more, especially adult bikes, please donate them to the project. Please bring your bike to West Middlesex Hospital on **Monday 3rd June, between 9.30am and 12pm**. You will find the project team in the garden by the main entrance.



Scan this QR code and complete the form & tell us about your bike so we know how many bikes to expect on the day.

Please complete the form if you have a bike to donate but you can't bring it to the hospital.

You can also access the form using this link:
<https://forms.gle/8w9EYh5ays8w28vc6>

The Recirculate project was created in 2021 by 3 organisations; Equans E&S Solutions (formerly Bouygues), a leader in energy, digital and industrial transformation, Vercity, a whole life leader of major infrastructure and property projects with societal impact, and Infrared, a market leading investment manager focused on infrastructure. The project aims to contribute to a circular economy whilst reducing social exclusion and promoting sustainable transport. Recirculate is expanding to other products, where we can encourage reuse and improve sustainability.



www.re-circulate.org
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