

Week Commencing; 31/03/25, 21/04/25, 12/05/25, 02/06/25, 23/06/25, 14/07/25

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS £2.80		VEGETARIAN MAIN MEALS £2.80	
MONDAY Lemon & Herb Piri Piri Chicken with Spicy Rice		MONDAY Piri Piri Quorn, Macho Peas and Spicy Rice (VE)	
TUESDAY Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread		TUESDAY Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)	
WEDNESDAY Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy		WEDNESDAY Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)	
THURSDAY Chicken Tikka Masala with Pilau Rice & Coriander Salad		THURSDAY Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)	
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce		FRIDAY BBQ Bean Burger with Garden Peas & Chips (VE)	

DESSERTS					Free with the main meal or £1.55 if purchased individually
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Spiced Pineapple Cake with Vanilla Sauce	Apple Strudel & Custard	Chocolate Sponge & Chocolate Sauce	Cookie Dough Fruit Crumble	Fruit, Jelly & Yoghurt Pots	
Fruit and Jelly Pots Available Daily - Price: £1.00					

£1.80

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

Prices from £2.10

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**.
With weekly rotating choices, there's always something tasty.

£2.80

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally Hot Bowls Prices £2.65				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pakistani Tarka Dhal (VE)	Vegan Singapore Noodles (VE)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA				
Pizza from £1.55, Pasta 12oz £2.20				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

Week Commencing: 07/04/25, 28/04/25, 19/05/25, 09/06/25, 30/06/25, 21/07/25

CLASSIC HOT & HEARTY**CLASSIC MAIN MEALS £2.80****VEGETARIAN MAIN MEALS £2.80****MONDAY**Traditional Sausage & Mash with
Onion Gravy**TUESDAY**Chicken & Tomato Pasta Bake
Served with House salad**WEDNESDAY**Hand Carved Roast British Turkey,
Crisp Roasties, Seasonal Vegetables,
& House Gravy**THURSDAY**

Sweet & Sour Chicken with Fried Rice

FRIDAYChip Shop "Fryday" Fish, Pizza or
Fishcake & Chips with Peas & Tartare
Sauce**MONDAY**Vegan Sausage & Bean Casserole
(VE)**TUESDAY**No Waste Cauliflower Cheese Pasta Bake
(V)**WEDNESDAY**

Cheese, Leek and Potato Pie (V)

THURSDAY

Chinese Vegetable Stir-Fry (VE)

FRIDAYVegan Quorn & Ranch Slaw Burger Served
with Chips & Peas (VE)**DESSERTS**Free with the main meal or £1.55 if
purchased individually**MONDAY**Dutch Apple
Cake**TUESDAY**Warm Blueberry
Sponge**WEDNESDAY**Apple & Mixed
Berry Crumble
with Vanilla
Sauce**THURSDAY**Banana Pudding
with Custard**FRIDAY**Fruit, Jelly &
yoghurt Pots**Fruit and Jelly Pots Available Daily - Price: £1.00****£1.80****HOMEMADE SOUP &
FRESHLY BAKED BREAD
Available Daily****Prices from £2.10****JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily****MADE
YOUR
WAY!****CHOOSE IT!
ADD IT!
TOP IT!****Switch up your flavours with our street food-inspired
range, available Tuesday to Thursday.
With weekly rotating choices, there's always
something tasty.****£2.80****Choose a base, add protein, and top it your way!****Visit the restaurant to check out what's on offer each week****NATURally****Hot Bowls Prices £2.65****MONDAY**Buffalo
Cauliflower Wings
with Salt &
Pepper Wedges
(VE)**TUESDAY**Vegan Singapore
Noodles
(VE)**WEDNESDAY**Singapore Fried
Rice
(VE)**THURSDAY**The Big Plant
Burger
(VE)**FRIDAY**Garlic & Chilli
Noodles
(VE)**TRATTORIA**

Pizza from £1.55, Pasta 12oz £2.20

MONDAYTomato & Basil
Pasta**TUESDAY**Pasta in Cheese
Sauce**WEDNESDAY**Margherita or
Pepperoni Pizza**THURSDAY**Creamy Pesto
Pasta**FRIDAY**

Margherita Pizza

Week Commencing: 14/04/25, 05/05/25, 26/05/25, 16/06/25, 07/07/25

CLASSIC HOT & HEARTY**CLASSIC MAIN MEALS £2.80****VEGETARIAN MAIN MEALS £2.80****MONDAY**

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Mac n Cheese Bolognese Served with a House Salad

WEDNESDAY

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Korma with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognese with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

DESSERTS

Free with the main meal or £1.55 if purchased individually

MONDAY

Chocolate & Banana Brownie

TUESDAY

Oaty Apple Crumble & Custard

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily - Price: £1.00**HOMEMADE SOUP & FRESHLY BAKED BREAD**
Available Daily

£1.80

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

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Fork Friendly Falafel Kebab (V)

TUESDAY

Vegan Singapore Noodles (V)

WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA

Pizza from £1.55, Pasta 12oz £2.20

MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza